

DISABILITY AWARENESS BADGE

How to earn your badge. Do one activity from each of the lists below...

1. Disability awareness

- Explain what a disability is
- Find out about a Paralympian and their sport, and tell a story about their achievements
- Visit an activity centre or playground for people with disabilities
- Talk about how your meeting place could be made better so that everyone can take part
- Make a poster to share with others about a disability. Choose something that's not one mentioned in numbers 2, 3 or 4



2. Physical disability awareness – do one of these...

- Show how to safely push a wheelchair
- Describe an aid that can help a disabled person. It could be a type of wheelchair, computer, grabber or rising chair
- Play a game where you can only sit down or use one hand. Goalball is one game you could try

3. Deaf awareness – do one of these...

- Learn how to fingerspell your name
- Learn the Promise in British Sign Language
- Explain what hearing dogs for deaf people do. Why they are helpful?
- Play a game without using sound

4. Sight awareness – do one of these...

- Talk about what guide dogs for blind people do
- Guide a blindfolded Beaver through a game/assault course
- Play blind football, or another blindfolded game